



# What's been happening this week?

Dear Parents and Caregivers,

The children have once again been demonstrating excellent resilience and flexibility skills when it comes to the current restrictions in place due to COVID 19. We have certainly missed being able to have caregivers in the classroom and on site for meetings, assemblies, and Mass. Overall, the transition to TEAMS meetings and assemblies has been a success! If you have any feedback about the online assemblies or the Parent Information Night, please do email them through to the office. If any of you or your children are struggling with separation anxiety at the start of this school year, or with the restrictions, please see at the bottom of the Happenings for a wonderful resource to help assist with this.



A gentle reminder that doors open for Pre Primary – Year Six at 8:25am and lessons start at 8:30am. On duty this week I have noticed a high number of children arriving through the gates long after lessons have begun. Five minutes late everyday adds up to 25 minutes a week. That is 4.5 hours a term! That's the equivalent of 2.9 school days a year!

Parent Car Park.

Parents need to ensure that they are dropping off and picking up from the parent carpark, using the entrance on Oakmont Avenue. Entering via Seminole Avenue, causes too much traffic build up. Please be patient and only enter the Kiss and Go when there is space. If you choose to park and come in to collect, please enter via the double gates and exit via the electronic gates. This allows for better flow and congestion and helps us maintain social distancing. Thank you again for wearing your mask and keeping our community as safe as possible.

There has been so much fantastic learning happening around all year levels this week. Kindy's are learning Letter Sounds, Pre Primary sounding out and practicing writing skills. Year One are learning vowel sounds. Our Year Two classes, writing recounts and editing their work. Year Three are working on cursive handwriting and designing lanterns. Year Four are concentrating hard on editing skills and the comprehension of text. Year Five are very busy composing music. Our Year Six students are working on the 'Boy Overboard' book study and speed cursive handwriting.



Kind regards,

Mrs Andie Bartley  
Assistant Principal





# ASSUMPTION HAPPENINGS

GORDON ROAD (PO BOX 3130) MANDURAH 6210  
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Week 4	Events	
Good Morning Monday 21/2	Canteen Closed	<p><b>Mass Times</b>            Saturday 6:00pm            Sunday 8:00am            Sunday 9:30am            Sunday 6:00pm</p> 
Thank You Tuesday 22/2	Canteen Closed 2:30PM EARLY CLOSE	
Winking Wednesday 23/2	Canteen Open - Online Orders Only	
Thumbs Up Thursday 24/2	Canteen Open -Online Orders Only 2:30pm Online Assembly	
Friendship Friday 25/2	Canteen Open - Online Orders Only Year 4-6 Dancesport	

**MJR & Virtue Focus: WESTie** - When you are a WESTie, you are Welcoming, Encouraging, you say Sorry when you need to, and you remember to say Thank you. WESTies are Happy Chappies – they are cheerful, friendly, helpful, patient, kind, forgiving... and lots other good things. The opposite of being a WESTie is being an EASTie – Excluding others, Arguing, Sulking and Talking back. EASTies are Nastie Pasties! Make sure you are being a WESTie and let's make our school a great place to be.

**Kindy 2023 & 2024** – We will be interviewing for Kindy 2023 classes this term and accepting applications for Kindy 2024. **If your child is born between 1 July 2018 and 30 June 2019, they are eligible to attend Kindy in 2023.** Applications are available from the office or online.

**Notes/Emails to Parents** – 1. P&F Carpark Raffle Note 2 Parent Carpark Email

**Unwell Children** - Please do not send your children to school if they are unwell, this is a directive from Health Department. We have sent many unwell children home already this week.

**P&F News** – P&F are raffling the sort after VIP carpark spot in the staff carpark this week. Tickets can be purchased for \$2 via CDFPay and closes tomorrow at noon. If you would like to avoid the rush in the parent carpark, get you tickets now.

**Netball News** – Mandurah Netball Association are in the process of setting ACPS up with a new registration platform. This will be completed over the coming weeks and once completed registration notes will be sent out. Final registrations for ACPS need to be submitted by 20 March 2022. If you have any queries, please email [acpsnetball@gmail.com](mailto:acpsnetball@gmail.com).

**OSHClub** Assumption provides before and after school care for your children in a safe and caring environment. We are located on the school grounds in the demountable building. **Upon arrival, please phone 0432337624 for staff to let you in.** OSHClub hours are 7am – 9am and 2:30pm – 6pm. You can obtain more information from [www.oshclub.com.au](http://www.oshclub.com.au) or call 1800 460 870 or 9261 3200.

## Some Ideas on Separation Anxiety

- Firstly, be kind to yourselves. Remember that some level of Separation Anxiety is functional because it tells our children to stay close to us.
- Don't love and linger when dropping off your child. Say goodbye, then commit to leaving. This will help your child return to their 'calm' sooner.
- Practice separating from your child and returning. Allow your child's brain to learn that they can still be safe when they are not with you, and you will return.
- Encourage connection with other caring adults by showing them you trust others, "I know Mrs Peace is going to take good care of you today."
- Validate their feelings. "I can see this is hard for you to say good-bye right now".
- Model the behaviour you want to see, "It feels hard for me too, but we can be brave together, and do hard things."
- Remind them they are capable, "I know you can do it!".
- Give your child something to comfort them- like a photo in a key ring on their bag or something special that reminds them of you. Ask them to give you something too.
- Be patient with yourself and your child when implementing change. These things take time.

For the full article visit [www.heysigmund.com/how-to-move-children-through-separation-anxiety/](http://www.heysigmund.com/how-to-move-children-through-separation-anxiety/)