

# CRUNCHY CARROT CANTEEN MENU 2022

CANTEEN OPEN WEDNESDAY TO FRIDAY

## RECESS ITEMS

AVAILABLE TO KINDY & P/PRIMARY WILL BE  
DELIVERED @ LUNCHTIME

G Lebanese Pizza (YRS 1-6 ONLY)	1.00
G Cheesie	2.00
G Ham Cheesie	2.50
G Yumbo – ½ pita w/ ham & cheese	2.50
G Apple Slinky	1.00
G Watermelon	.80
G Fruit Salad Cup	2.50
A Jelly Cup	1.20
A Jelly Fruit & Custard	1.60
A Custard Cup	1.80
G Pikelet – buttered	.70
G Muffin	1.00
Blueberry, Banana, Apple & Cinnamon	
G Popcorn Bag	1.00
G Grain Waves	1.20
A Noodle Snax - Chicken	1.00

## DRINKS

G Water	2.00
G Milk Chill 300ML	2.50
Choc / Banana / Strawberry	
A Juice Bomb 100% Sparkling Juice	2.50
<i>Variety flavors available online</i>	
A Juice Box	1.20
Apple & Blackcurrant / Apple	

**PLS NOTE NOT AVAILABLE TO KINDY OR  
PRE/PRIMARY – WATER ONLY**

## COOL TREATS

A FROYO – FROZEN YOGHURT	2.50
<i>Variety of flavors available online</i>	
A FRUIT POLE	1.00

**AVAILABLE BY ONLINE PRE-ORDER ONLY**



**PLEASE PLACE ALL ORDERS  
THROUGH OUR CDF PAY ONLINE  
SERVICE  
no over the counter sales - cashfree  
THANKYOU**

**OUR SCHOOL ADHERES TO THE TRAFFIC LIGHT SYSTEM INTRODUCED BY THE WA GOVERNMENT IN  
2006. THIS POLICY PLACES FOOD INTO CATEGORIES BASED ON A TRAFFIC LIGHT OUR MENU MUST  
COMPLY AND CONSIST OF A MINIMUM OF 60% GREEN**

**GREEN - MUST PREDOMINANTLY FILL THE MENU**

**AMBER - SELECT CAREFULLY AND LIMIT SALES**

**RED - OFF THE MENU**

# CRUNCHY CARROT CANTEN MENU 2022

## AVAILABLE DAILY

### SANDWICHES WHOLEMEAL ONLY OR WHITE WRAP

G Cheese	3.50
G Ham	4.00
G Ham and Cheese	4.50
G Chicken	4.00
G Chicken and Cheese	4.50
G Tuna	3.50
G Vegemite	3.50
G Salad	3.50
G Ham and Salad	4.70
G Chicken and Salad	4.70
G Cheese and Salad	4.50
G Tuna and Salad	4.70

### EXTRAS

Cheese/Beetroot/Avocado/Mayo	.50
Gluten Free Bread	1.00

**SALAD CONSISTS OF LETTUCE, GRATED CARROT,  
TOMATO  
AND CUCUMBER**

### TOASTIES

G Ham and Cheese	4.50
G Ham	4.00
G Ham, Cheese & Tomato	4.70
G Ham, Cheese & Pineapple	5.00
G Vegemite & Cheese	4.00
G Cheese	3.50
G Cheese and Tomato	3.70
G Baked Beans	3.50
G Chicken	4.00
G Chicken and Cheese	4.50
G Chicken, Cheese and Avocado	5.00

### EXTRAS

Mayo	.50
GF Bread	1.00

### BURGERS

A Cheese Burger w/sauce	4.50
G Hamburger w/salad & sauce	5.00
G Chicken Burger w/salad & mayo	5.00
G Fish Burger w/salad & mayo	5.00

## AVAILABLE DAILY

### HOT FOOD

G Sweet Chicken Chilli Wrap	5.50
w/salad, cheese, mayo & sweet chilli sauce	
G Hot Chicken Roll w/mayo	4.50
G Mini Hot Chicken Roll w/mayo	2.80
G Meatball Sub w/cheese	4.80
G Lasagna	5.50
G Fried Rice	5.50
G Macaroni Cheese	5.50
G Butter Chicken GF	5.50
G Baked Spud w/cheese	4.00
Ham & Cheese / Baked Beans / Savory Mince	
G Salad Tub	4.00
<i>Consists of lettuce, carrot, tomato, cucumber</i>	
ADD Chicken / Ham / Tuna	1.00
ADD Cheese / Pineapple / Beetroot	.50
Or Avocado	

## WEEKLY SPECIALS

### WEDNESDAY

A Hotdog w/sauce	4.00
A Puppy dog w/sauce	2.00
A Chicken Drummy & Wedges	5.50
A Chicken Drummy – Limit of 4	1.80

### THURSDAY

A Pizza Slab	3.50
Pineapple Paradise / Ham Hero / Meatlovers	
Very Veggie	
A Nachos w/cheese	4.50
ADD Sour Cream	.50

### FRIDAY

A Pie	3.80
A Party Pie – Limit of 4	1.20
A Sausage Roll	3.50
A Spinach & Ricotta Roll	3.60
A Chicken Drummy & Wedges	5.00
A Chicken Drummy – Limit of 4	1.80
ADD Sauce	.50