



**ASSUMPTION CATHOLIC PRIMARY SCHOOL
CANTEEN MENU 2018**

CANTEEN IS CLOSED TUESDAYS

RECESS ONLY

NOT AVAILABLE TO KINDY OR PRE-PRIMARY

G Lebanese Pizza Slice 1.00

RECESS ITEMS

G Apple Slinky 0.80
 G Watermelon Slice 0.70
 G Fruit Salad Cup 1.80
 G Fruit and Jelly Cup 1.20
 G Cheesie 1.80
 G Cheesie w/ham 2.40
 G Corn on the Cob 1.00
 G Pikelet - buttered 0.70
 G Muffin 1.00
 Blueberry / Banana / Apple & Cinnamon
 G Fruit Toast (2 slices) 1.00
 G Gobble Bag 0.50
 cheese & carrot sticks, sultanas
 G Popcorn Bag 0.50

DRINKS

G Milk Chill 2.40
 Chocolate, Strawberry, Banana, Neopolitan
 G Milk - plain 1.80
 G Water 2.00
 G Hot Chocolate 1.20
PLS COLLECT FROM CANTEEN
 G Up & Go – Chocolate 2.40
 A Juice Box 100% 1.00
 Apple, Apple & Blackcurrant, Orange

SWEET TREATS – LUNCH ONLY

A Frosty Fruit 1.50
 A Paddlepop – choc or rainbow 1.50
 A Ice Cream Bucket 1.50
 A Juice Pops 0.50
 G Milk Pops 0.50



**ACPS REUSABLE CUPS \$9
AVAILABLE FROM CANTEEN
FIRST HOT CHOCCHIE FREE**

AVAILABLE EVERY DAY

SANDWICHES – WHOLEMEAL ONLY

G Cheese 3.00
 G Ham 3.50
 G Chicken 4.00
 G Tuna 3.50
 G Vegemite 2.50
 G Vegemite and Cheese 3.00
 G Salad 3.00
 G Ham and Salad 4.50
 G Chicken and Salad 4.50
 G Cheese and Salad 4.50
 G Tuna and Salad 4.50

**EXTRAS – Cheese/Beetroot 0.50
 GLUTEN FREE BREAD 0.50**

**SALAD CONSIST OF LETTUCE, GRATED CARROT
TOMATO & CUCUMBER**

WRAPS

G Vegemite 2.50
 G Cheese 3.50
 G Ham 4.00
 G Chicken 4.00
 G Tuna 4.00
 G Cheese and Salad 4.50
 G Ham and Salad 4.70
 G Chicken and Salad 4.70
 G Tuna and Salad 4.70

TOASTED SANDWICHES

G Vegemite 2.50
 G Vegemite and Cheese 3.00
 G Baked Beans 3.50
 G Ham 3.50
 G Ham and Cheese 4.00
 G Ham, Cheese and Tomato 4.50
 G Chicken 4.00
 G Chicken and Cheese 4.50
 G Tuna 3.50
 G Cheese 3.00
 G Cheese and Tomato 3.50

**EXTRAS – Mayo, Pineapple 0.50
 GLUTEN FREE BREAD 0.50**

AVAILABLE DAILY FOR LUNCH

G Sweet Chicken chilli wrap w/salad, cheese & mayo	5.00
G Hot Chicken & Mayo Roll	4.50
G Mini Chicken & Mayo	2.80
G Meatball Sub w/melted cheese	4.60
G Lasagna	5.50
G G/F Lasagna	5.50
G Macaroni & Cheese	5.50
G Fried Rice	5.50
G Stuffed Spud (topped w/cheese) (Savoury Mince, Ham or Baked Beans)	4.00
G Salad Tub	4.00
Add Chicken, Ham or Tuna	1.00
Add Cheese/Pineapple/Beetroot Or Avocado	0.50



HEALTHY FOOD AND DRINK CHOICES

The Healthy Food and Drink Choices Policy was introduced in 2006 by the WA Government. It is referred to as the "Traffic Light System" as foods are categorised Green, Amber and Red.

GREEN FOODS ARE EVERYDAY CHOICES

FRUIT & VEG, BREADS, LEAN MEATS, LOW FAT DAIRY ETC.....

AMBER FOODS SHOULD BE SELECTED CAREFULLY OR LIMITED FROM YOUR DAILY INTAKE

RED FOODS ARE HIGH IN FAT AND SUGAR AND WILL NOT BE AVAILABLE FROM THE CANTEEN

Assumption Catholic Primary School will now comply with the WA School Canteen Association Guidelines. Our menu must consist of a minimum of 60% Green. We are working towards providing healthier food and drink choices for our students.



WEEKLY SPECIALS

MONDAY BURGERS

G Hamburger w/sauce & salad	5.00
G Chicken Burger w/ salad & mayo	5.00
G Fish Burger w/salad & mayo	5.00
G Vegie Burger w/salad & mayo	5.00
ADD CHEESE	0.50

WEDNESDAY - HOT DOGS

A Hotdog w/sauce	3.60
A Puppy dog w/sauce ½ hotdog	1.80

THURSDAY - PIZZA SLABS

G Pineapple Paradise	3.20
G Ham Hero	3.20
G Mad Meatlovers	3.20
G Very Vegetarian	3.20

FRIDAY SPECIAL

A Pie	3.50
A Potato Pie	4.00
A Party Pie – (Limit x 4)	1.20
A Sausage Roll	3.00
A Spinach and Ricotta Roll	3.50
A Chicken Drummy – Limit of 4	1.80
A G/F Pie	5.30
A G/F Sausage Roll	4.00
SAUCE	0.50

LUNCH BAGS – PACK 25	1.00
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To order please use our CDF Pay online or alternatively drop into class tubs Kindy – YR2 and canteen YR3 – YR6 (please fill out separate bags for recess and lunch when placing in tubs)

Our canteen relies greatly on the support of our volunteers – thankyou. If you are able to help out please drop by the canteen and see me and let me know what day would best suit you. Just 1 day a term would be such a great help.

Natalie Van Den Dolder – Canteen Manager

